

Responding to an Overdose During COVID-19

1

Call 911

Locate the nearest phone and dial 911.

2

Access Naloxone Kit

Put on non-latex gloves and administer Naloxone. If there is no pulse, provide chest compressions. Do not provide rescue breathing - due to risk of transmission. Assess for pulse regularly

3

Dispose of Kit

Once emergency providers have arrived, safely dispose of used naloxone kit contents then remove and dispose of gloves.

4

Practice Safe Hygiene

Clean your hands with soap and water or alcohol-based hand sanitizer as soon as possible.

Please talk to a health care provider if you are concerned about being exposed to an infectious disease including COVID-19 or develop symptoms after responding to an overdose.

**BAD
DRUGS?**

Report bad reactions, tainted
drugs, and overdoses to 211.

Share your experience to help
keep others safe.

Call:

211

24/7 & Anonymous



Community Resources

YMCA Housing Services	519 371 9230	CMHA/ Union Place	519 371 3642
Safe N' Sound	519 470 2222	Legal Clinic	519 370 2200
Kid's Help Phone	1 800 668 6868	Public Health	519 376 9420
Victim Services	1 888 376 9852	Mental Health Crisis	1 877 470 5200
Sexual Assault	1 866 578 5566	United Way	519 376 1560
Addiction Services	519 376 3999	Alcoholics Anonymous	519 376 4193
Withdrawal Management	519 376 5666	Narcotics Anonymous	1 888 811 3887
Youth Addictions	1 800 265 3133	Child & Family Services	519 371 4453
Women's Shelter		Ontario Works	
Owen Sound	519 371 1600	Grey County	519 376 7324
Kincardine	519 396 9655	Bruce County	519 881 0431
Saugeen First Nation	519-797-3677	Ontario Disability Support	519 376 1951
Subsidized Housing		Employment Services	
Grey County	519 376 5744	Grey County	519 371 9222
Bruce County	519 396 3439	Bruce County	519 881 4900
Area Food Banks			
Durham	519 369 6860	Meaford	519 538 4550
Flesherton	519 924 2065	Owen Sound	519 371 0957
Hanover	519 364 3450	Port Elgin	519 389 3942
Kincardine	519 396 2185	Thornbury	519 599 2577
Lion's Head	519 793 3860	Walkerton	519 881 0168
Markdale	519 986 3094	Warton	519 534 0353
Community Meals		When you don't know where to turn Call 211 or 1-877-330-3213 24 hours a day, 7 days a week	
There are several organizations that provide free community meals throughout Grey-Bruce. For more information, call 519 371 9230			