

## MEETING MINUTES

<b>Committee:</b>	Leadership Group
<b>Date:</b>	April 10th, 2019 (12pm to 2:30pm, lunch served at 12pm)
<b>Location:</b>	Bruce County Housing Resource Room, 743 Wellington Street, Port Elgin
<b>Co-Chairs:</b>	Dave Roy, CMHA Grey Bruce Mental Health and Addiction Services Christine MacDonald, Bruce County Human Services
<b>Attendance:</b>	Scott Mackey, Grey County Council; Dave Roy, HopeGreyBruce Mental Health and Addiction Services; Dan Purdon, Grey Bruce Health Services; Rob Fisher, Youth Probation; Ian Reich, Grey Bruce Public Health; Jason Wepler, Public Health; Alison Govier, Coordinator; Christine MacDonald, Bruce County Human Services; Danielle Wilson, Southwest Aboriginal Health Access Centre; Jason Hunter Grey County Paramedic Services; Martin Murray, Grey County OPP; Matt Shute, CMHA GB Community Connections; Melri Wright, Ontario Students Against Impaired Driving; Rob Martin, South Grey Police Services; Lorelee Somerton, OATC; Cathy Clarke, Keystone Child, Youth and Family Services; Mike Bellai, Saugeen Shores Police Services; Nigel Heels, OPP Bruce Peninsula Detachment; Mike Daze, Owen Sound Police Services; Aakash Desai, Grey County Council
<b>Regrets:</b>	Steve Hammell, Bruce County Council; Ray Lux, Bruce County Paramedic Services; Carrie Shute, Georgian College; George HebbleWaite, Hanover Police Services; Sheryl Elliot, Bluewater District School Boards; Anne Bester, Bruce Grey Child and Family Services; Barb Fedy, Grey County Social Services; Robert Buckle, Bruce County Council; Brenda Lawson, Federal Crown Attorney; Jaime Blair, OPP; Adam Belanger, OPP; Robin Antone, Southwest Aboriginal Access Centre; Ann Marie Deas, Bruce Grey Catholic District School Board; Dr. Debbie Dyke, Owen Sound Family Health Team

### Minutes:

<b>1. Welcome and Introductions (Co-chair Dave Roy)</b>	
Action taken:	Call for additional agenda items – <i>No additional items offered</i> Review of meeting minutes from January 10 <sup>th</sup> , 2019  <i>Corrections to minutes: Add 's' to Student Against Impaired Driving; Remove "parole" from Rob Fischer's position title.</i>
<b>2. Working Group Update: Grey-Bruce Opioid Addiction and Overdose Response</b> <i>Ian Reich, Working Group Chair, Harm Reduction Manager at Grey Bruce Public Health</i>	
Action taken:	Some partners expressed interest in creating an information resource of relevant services to hand out with Naloxone kits. Matt Shute volunteered to pull together the first draft for review.
Discussion:	The Opioid Working Group is in the process of finalizing the Grey Bruce Opioid Response Plan. This document will describe how communities in Bruce and Grey are currently preventing, preparing for, responding to and recovering from opioid-related events.

	<p>Grey Bruce Public Health, in partnership with Grey County Paramedic Services and the Southwest LHIN are looking at enhancing the auto-alert system (e-notifications) to include postal code information and heat map capability.</p> <p>Opioid alerts are being circulated to community partners. Leadership Group partners were asked to provide feedback about the value-add of the alerts.</p> <ul style="list-style-type: none"> <li>– Partners are circulating alerts to frontline staff in housing, social services, addiction counselling, youth probation etc.</li> <li>– Alerts are used as a talking point to engaging clients/patients/youth in discussions about harm reduction – “we are trying to help keep people as safe as possible”.</li> <li>– One partner noted that a staff member keeps a naloxone kit on her desk as a way to normalize discussions about opioid use.</li> <li>– Hour organizations partnered to provide assistance to residents in an apartment building in Hanover where two overdose deaths occurred that week. Staff went door to door to offer naloxone kits, debrief with residents and facilitate connections to relevant community services.</li> </ul>
<p>Next steps:</p>	<p>Matt Shute will create a first draft of the information resource (list of relevant services to hand out with Naloxone kits) before the July Leadership Group meeting.</p> <p>Ian Reich will follow up with Cathy Clark at Keystone Child, Youth and Family Services regarding an in-service naloxone training for staff.</p> <p>Ian Reich will add Keystone Child, Youth and Family Services to the opioid alert mailing list.</p> <p>Ian Reich will continue to engage fire departments through the Health Unit’s naloxone program.</p>
<p><b>3. Working Group Update: Cannabis Legalization and Youth</b>  <i>Jason Wepler, Working Group Chair, Health Promoter at Grey Bruce Public Health</i></p>	
<p>Action taken:</p>	<p>N/A</p>
<p>Update:</p>	<p>Working Group is shifting its focus from community-based parent education to interactive school-based education for students. Grey Bruce Public Health has engaged Springboard to deliver the Weed Out the Risk program at local catholic and public schools this May.</p> <p>Community partners were given the opportunity in April to participate in the Weed out the Risk Train-the-Trainer session. The training was free of charge, however incidental costs (facilitator accommodations and lunch for participants) were covered by the Community Drug and Alcohol Strategy. Over 20 community partners participated in the training, with a good cross-section of sectors.</p>
<p>Next steps:</p>	<p>Keystone Child, Youth and Family Services expressed interested in using the Springboard materials in the youth residence and having a youth counsellor participate in the in-class sessions.</p> <p>Jason Wepler will inquire about the use of Springboard’s online and printed material.</p> <p>In-class sessions are schedule to take place in May 2019.</p>

<b>4. Working Group Update: Peer Engagement</b>	
<i>Alison Govier, Coordinator of the Community Drug &amp; Alcohol Strategy</i>	
Action taken:	n/a
Update:	The mandate of the working group is to develop strategies that will enhance engagement of people with lived experience in the work of the Drug Strategy, in a way that is respectful, safe and meaningful for everyone.
Next steps:	The first meeting of the Peer Engagement Working Group is scheduled for late April.
<b>5. Outcome Harvesting Exercise</b>	
<i>Alison Govier, Coordinator of the Community Drug &amp; Alcohol Strategy</i>	
Action taken:	No action required.
Discussion:	<p>What has changed as a result of your participation in the Community Drug and Alcohol Strategy? (e.g., organizational practices, policies, attitudes, behaviours)</p> <p><u>Feedback from partners (paraphrased):</u></p> <p><i>I am part of other collaboratives as well, which allows me to bring ideas together and to leverage resources across the system.</i></p> <p><i>I'm new to the area, so I appreciate the networking I get to do at this table. I sit on multiple tables. The collaboration up here is fantastic. We can't arrest our way out of the problems and it's clear that we're not trying to do that here.</i></p> <p><i>I think that we are making inroads with respect to decreasing stigma and looking at addiction as a complex health issue. I see cross conversations happening, like among municipal council members. They are promoting the power of conversation and encouraging conversations about addiction with anyone from your fellow council member to your plumber.</i></p> <p><i>It's the small things. For example, my staff are handing out all kinds of materials as a result of my participation in this group, like the Weed out the Risks materials. I've also grown my personal knowledge by being here.</i></p> <p><i>I have a diverse portfolio and need to connect with many different community partners. Being at this table helps me put a name and face to people. I don't have to do cold calls.</i></p> <p><i>I appreciate the non-traditional approach of having service providers, police and the counties working together. We see police at our backdoor but we're not solving problems at that point. With this group, we can look at what we're facing as a community. Through the partnerships I have access to hospital stats and public health data.</i></p> <p><i>I appreciate being at the table to make sure an indigenous voice is heard. It's nice to know that there is room at the table for indigenous voices.</i></p>
Next steps:	Alison will work towards developing a comprehensive evaluation framework for the Drug Strategy.

<b>6. Facilitated discussion on the regulation of edible cannabis</b>	
<i>Ian Reich, Working Group Chair, Harm Reduction Manager at Grey Bruce Public Health</i>	
Update:	<p>Ian Reich provided an overview of proposed regulations related to the legalization of cannabis edibles, and the need for large-scale public education, awareness and harm reduction campaign. The Ontario Dieticians in Public Health (ODPH) participated in Health Canada's consultation on the regulation of cannabis Edibles. The recommendations can be viewed here: <a href="https://www.odph.ca/upload/membership/document/2019-02/odph-cannabis-consult-letter-final.pdf">https://www.odph.ca/upload/membership/document/2019-02/odph-cannabis-consult-letter-final.pdf</a>.</p> <p>Ian also spoke about potential safety risks related to edibles such as accidental poisonings, pediatric ingestion of edible concentrates, production of homemade concentrates (e.g., using butane to make shatter).</p> <p>Grey County Councilor Scott MacKey asked for a break down of municipal/provincial/federal decisions related to cannabis legalization and edibles.</p>
Next Steps:	The Federal government is scheduled to legalize the sale of cannabis edibles no later than October 17, 2019.
<b>7. Roundtable discussion on local trends and policy environment</b>	
Discussion:	<p>Jason Wepler informed the group that Wiarton's inaugural Bongpiel was profiled on VICE.</p> <p>Jason along noted that vaping is emerging as an important public health issue. There are accounts of youth experiencing seizures from vaping concentrated nicotine, equivalent to 30 cigarettes.</p>
Next Steps:	N/A

*Next meeting: Wednesday, July 10<sup>th</sup>, 2019, 12pm-3pm, Grey Bruce Public Health Unit, Classroom 125,  
101 17th St E, Owen Sound, ON N4K 0A0*